

Hunger Never Takes a Vacation

Announcing the

Oak Lawn Bible Church

“1000 CAN Summer Challenge”

July 1st through September 13th

to benefit the Pilgrim Faith UCC Food Pantry

Our goal is to collect 1000 cans of food throughout the summer. Any store, any brand, no expired cans, please. Read our suggestions for each week below, but feel free to donate any food pantry item you wish. Weekly updates will be provided along the way to track our progress. We CAN do this!!!

How fast will we reach our goal?!?!?

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|-------------------------|---|
| July 5 th | Canned fruit |
| July 12 th | Canned meat (ham, chicken, Spam, hash) |
| July 19 th | Canned vegetables (yams & sauerkraut count too!!!) |
| July 26 th | Chunky or condensed soups |
| August 2 nd | Canned juice (fruit, V8, pineapple, tomato) |
| August 9 th | Canned fish (tuna, salmon, sardines, clams) |
| August 23 rd | Canned pasta (Spaghetti O's, ravioli, etc) |
| August 30 th | Canned stew |
| Sept 6 th | Canned beans (black, navy, white, pork'nbeans, chili beans) |
| Sept 13 th | Olives, pickles, relish, salsa (jars count as cans) |



Questions? Contact Jan in the OLBC office @ 708.857.9800
or by email @ info@oaklawnbible.org